

THE 40 RUDIMENTS

*A musical way to learn and memorize
The 40 Rudiments*

by Carles Pereira

Preface	pg. 1-2
Solo with rudiment names	pg. 3-4
Solo without rudiment names	pg. 5-6

PREFACE

Dear Percussionist,

For the past decade, I have been trying to learn all the 40 rudiments. Why so long? Well, to be honest, I neither had the time nor the discipline to just sit down one day and make it happen. I thought that the only way was to play each rudiment a million times, match it with its assigned name, and move on to the next one, repeating that monotonous process until rudiment #40. One day, I suddenly realized that I play *music*. I realized that the way we practice is the way we perform. I then asked myself: Since we do not perform like robots, then why practice like one?

As a result, I wrote a snare drum solo using all the 40 rudiments (Yes, *all* of them!) with the goal of creating a *musical composition* and learning them in a musical way. I decided to share it with you, and to this marvelous community of percussionists that we have, to see what you thought about it. Please give it shot!

If you also want to learn your rudiments and after trying this out, you enjoy it and want to use it from this point onwards, great! Please do not hesitate to pass this on if you think it could work for others. Likewise, if this is not your way or if this does not work for you, it is just as fine! Either way, it is imperative to find out what works for you, and if you cannot find it, *create* it, just like I did!

If you *do* want to give this a shot, below are some practice tips I recommend to get the most out of this piece:

- **Start by practicing *slow*.** Begin by playing this at a tempo slow enough where you can play with good time, sound, clarity, and relaxation. In so doing, you will establish a strong foundation to which you can build up your speed. As my good friend and incredible drummer David Garibaldi once told me, "*Slow is always the most effective when teaching an idea.*"
- **Say the names of the rudiments while you play them.** Before doing this, *make sure you can play the piece with the right stickings, rhythms, accents, and embellishments.* Once you have mastered this, only then should you say the names out loud as you play them. This will help you memorize each rudiment. For that reason, I have included two versions of this piece – one with the rudiment names, and one without.
- **Practice with both sticks *and* brushes.** This will help develop and strengthen your hand muscles, and will make you play with more clarity; weather you are

playing with sticks or brushes. When performing this piece with brushes, *substitute the Multiple Bounce Roll on m. 15-16 with a Double Stroke Open Roll played as sixteenth notes*. Playing with brushes in general requires a little more effort as opposed to playing with sticks, so make sure to play with the same clarity as if you are playing with sticks.

- **Practice at *different tempos*.** Ideally, this piece is to be performed as a march (120 bpm). However, there is no tempo marking and it does not mean that you cannot play this faster than that! As said before, start slow. As you gradually speed up the tempo, listen to your body and to your sound at all times. Remember: *If something doesn't feel right, it won't sound right*. Never sacrifice time, sound, clarity, and relaxation. *Always* practice with a metronome.
- **Practice at *different dynamics*.** Play this piece as quiet as you can, as loud as you can, and everything in between! This will help on your touch and control. *Always* prioritize good time, sound, clarity, and relaxation.
- **Check out *The Percussive Arts Society International Drum Rudiments PDF*.** I have referenced this document for the rudiment names and stickings. I recommend you looking up the PDF and using it as a supplement to this piece.

Please note that on both versions of the solo, the last system on the first page does not have all the stickings, the reason being that it was too crowded to write them on top of all those sixteenth notes. I have placed the hand that each paradiddle grouping should start with. Please refer to the version with the rudiment names, and it will make sense.

I sincerely hope that you enjoy this and that you can get something out of it. I would like to reiterate that if this does not work for you or if this “isn't your thing”, I encourage you to stay on your quest to keep searching until you find (or create) something you enjoy and fulfills your musical goals.

Please do not hesitate to reach out to me if you have any questions, comments, or feedback! My email is carlespereira98@gmail.com. I look forward to hearing from you.

Lastly, I would like to express my sincerest gratitude and dedicate this piece to my family, to all my drum teachers and professors, to everyone in the percussion community, and last but certainly not least, to *you!* Happy drumming!

Onward and upward,

Carles Pereira Romero

The 40 Rudiments

1. Drag 2. Flam Paradiddle 3. Five Stroke Roll 4. Drag Paradiddle #1

R L R L R L R R L L R R L L R L L R R L R L L R R L R L L R L L

Musical notation for rudiments 1-4. Rudiment 1 (Drag) is a sequence of eighth notes. Rudiment 2 (Flam Paradiddle) features a dotted quarter note followed by eighth notes. Rudiment 3 (Five Stroke Roll) is a continuous eighth-note roll. Rudiment 4 (Drag Paradiddle #1) is a sequence of eighth notes with a specific rhythmic pattern.

5. Flam 6. Flam Accent 7. Flam Tap 8. Seven Stroke Roll 9. Pataflafla

R L R L R L R L R R L L R R L L R L L R L L R L L R L L R L L

Musical notation for rudiments 5-9. Rudiment 5 (Flam) is a sequence of eighth notes with a dotted quarter note. Rudiment 6 (Flam Accent) features a dotted quarter note with an accent. Rudiment 7 (Flam Tap) is a sequence of eighth notes with a dotted quarter note. Rudiment 8 (Seven Stroke Roll) is a continuous eighth-note roll. Rudiment 9 (Pataflafla) is a sequence of eighth notes with a specific rhythmic pattern.

10. Single Drag Tap 11. Double Paradiddle

R L LR R L LR R L RL RL RR LRLR LLRL RLRR LRLR LLRL R

Musical notation for rudiments 10-11. Rudiment 10 (Single Drag Tap) is a sequence of eighth notes with a dotted quarter note. Rudiment 11 (Double Paradiddle) is a sequence of eighth notes with a specific rhythmic pattern.

12. Single Flammed Mill 13. Six Stroke Roll 14. Multiple Bounce Roll

R R L R L L R L R LL RR L R LL RR L R

Musical notation for rudiments 12-14. Rudiment 12 (Single Flammed Mill) is a sequence of eighth notes with a dotted quarter note. Rudiment 13 (Six Stroke Roll) is a continuous eighth-note roll. Rudiment 14 (Multiple Bounce Roll) is a sequence of eighth notes with a specific rhythmic pattern.

15. Swiss Army Triplet 16. Single Ratamacue 17. Triple Ratamacue

RRL RRL RRL R LLR LLR LLR L RLR L LRL R R R RLR L

Musical notation for rudiments 15-17. Rudiment 15 (Swiss Army Triplet) is a sequence of eighth notes with a triplet. Rudiment 16 (Single Ratamacue) is a sequence of eighth notes with a specific rhythmic pattern. Rudiment 17 (Triple Ratamacue) is a sequence of eighth notes with a triplet.

18. Triple Stroke Roll 19. Nine Stroke Roll 20. Single Dragadiddle

L L LRL R RRR LLL RLL RLL R LLRR LLRR L RRL RR LLR LL

Musical notation for rudiments 18-20. Rudiment 18 (Triple Stroke Roll) is a continuous eighth-note roll. Rudiment 19 (Nine Stroke Roll) is a continuous eighth-note roll. Rudiment 20 (Single Dragadiddle) is a sequence of eighth notes with a specific rhythmic pattern.

21. Ten Stroke Roll 22. Inverted Flam Tap 23. Single Stroke Four

RRL RRL RL LLRR LLRR LR R L L R RLRL LRL RRL RLL RLR RLRL LRLR

Musical notation for rudiments 21-23. Rudiment 21 (Ten Stroke Roll) is a continuous eighth-note roll. Rudiment 22 (Inverted Flam Tap) is a sequence of eighth notes with a dotted quarter note. Rudiment 23 (Single Stroke Four) is a sequence of eighth notes with a specific rhythmic pattern.

24. Single Paradiddle-diddle 25. Single Paradiddle 26. Triple Paradiddle

R R RLRR L L LLLL R L R L R L

Musical notation for rudiments 24-26. Rudiment 24 (Single Paradiddle-diddle) is a sequence of eighth notes with a specific rhythmic pattern. Rudiment 25 (Single Paradiddle) is a sequence of eighth notes with a specific rhythmic pattern. Rudiment 26 (Triple Paradiddle) is a sequence of eighth notes with a triplet.

27. Single Stroke Roll

RLRL

33

28. Double Stroke Open Roll

RRL

29. Thirteen Stroke Roll

RRL RRL RRL R

LLRR LLRR LLRR L

30. Flamacue

R LR L R

LRL R L

31. Lesson 25

RL R LR L

37

32. Double Ratamacue

R RLR L L

LRL R RRL RRL

RRL LLRR LLRR LLR

34. Drag Paradiddle #2

R R R L R R

41

35. Seventeen Stroke Roll

L L LRL L RRL RRL RRL RRL

R LL RRL RRL RRL

36. Flam Drag

RRL R R

45

37. Single Stroke Seven

L L RLR LRL R LRL RLR L

38. Double Drag Tap

R R L L L R

39. Fifteen Stroke Roll

RRL RRL RRL RRL

49

40. Flam Paradiddle-diddle

LLRR LLRR LLRR LLR R LR RLL LRL LLR L

R L R L L R

53

The 40 Rudiments

R L R L RLRR LRL L RLL RLLRRLRLL R RLRR L LRL

5 R L R L RLR LRL RR LL RLLRRL LLRLLR RLRL RLRL

9 R L LR R L LR R L RLRLRR LRLR LLRL RLRR LRLR LLRL R

13 R R L R L L R L R LL RR L R LL RR L R

17 RRL RRL RRL R LLR LLR LLR L RLRL LRLR R R RLRL

21 L L LRLR RRR LLL RLL RLL R LLRR LLRR L RRL RR LLR LL

25 RLL RLL RL LLRR LLRR LR R L L R RLRL LRL RRL RLL RLRLRL LRLR

29 R R RLRR L LRL L R L R L R

33 RLRL RRLR

37 RRLR RRLR RRLR R LLRR LLRR LLRR L R LR L R LRL R L RL R LRL

41 R RLRL L LRL R RRLR RRLR RRL LLRR LLRR LLR R R RLRR

45 L L LRLR RRLR RRLR RRLR RLLRRL RRLR RRLR RRL R R

49 L L RLR LRL R LRL RLR L R R L L L R RRLR RRLR RRLR RRL

53 LLRR LLRR LLRR LLR R LR RLL LRL LLRR L R L R L L R